

**UNIVERSITY GENERAL SURGEONS, P.C.
1932 ALCOA HIGHWAY, SUITE 270
KNOXVILLE, TN 37920**

COLONOSCOPY BOWEL PREP

If you are taking any blood thinners such as Aspirin, Plavix or Coumadin you must stop taking those medications 5 days prior to your procedure.

2 Days before your scope starting at 6 p.m. on _____ you may have a clear liquid diet only. You may have as many of these as you would like:

Bouillon

Jell-O (no red, purple or blue)

Coffee or Tea (no cream)

Gatorade (no red, purple or blue)

Carbonated Drinks/Sprite/Ginger ale

Apple Juice

Cranberry Juice

Popsicles (no red, purple or blue)

Water

Life-Savers (dissolve in mouth)

NO Milk or Dairy Products or Solid Food

The day before your scope:

1. At 8 a.m. take 4 tabs or 5mg Bisacodyl over the counter.
2. At 12:00 Noon start Golytely (Colyte) 1 gallon. Drink one glass every 10 minutes. Finish entire 1 gallon in 3 to 4 hours

If you have problems finishing this preparation, contact the office at 865-251-4658.

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT

University General Surgeons

<http://www.utksurgery.com/>

865-251-4658